## Loftus & Whitby AC Present The 26th Poultry Run

Race Permit Number: 20090985

Loftus & Whitby AC would like to thank the following for their sponsorship and continued support for the Poultry Run.				
Media Vision (Design) Ltd	Enfield Chase Butchers			
Telephone No: 01947 603927	Guisborough			
Email: chris@media-vision.co.uk	<b>Telephone No: 01287 632269</b>			
Northern Runner (www.northernrunner.com)	Northumbrian Water			
Tel: 08456120145 (local rate)	www.nwl.co.uk			

## Sunday 20th December 2009. Race Starts at 11:00am

Approximately 8 miles over a multi terrain course.

Start and Finish at Loftus Leisure Centre. Christmas designed long sleeved T-shirt to all entrants.

Valuable meat or poultry prizes in all age categories including fancy dress

Fees: UKA Affiliated athlete £9.50, Unattached athlete £11.50, race day registration £2.50 extra Prize's: Open category, 1st 5; Vets categories 1st 3 (Only one prize can be claimed in the individual race)

Team Prize's: Men's, 4 to count; Ladies Team, 3 to count; Fancy Dress

The course route can be viewed and downloaded from www.loftus-ac.co.uk

£1.00 of each entry fee this year will be donated to Cancer Research UK

Send your entries to: Brenda Hare, Cowscote Hall, Deepdale, Loftus, Cleveland. TS13 4RT.

Tel.No.01287 641116, Email: cyclinghares@cowscote.wanadoo.co.uk

Please make your cheques payable to "Loftus & Whitby AC"

## Please include a large S.A.E. and large stamp for your number.

Applicants who do not provide an S.A.E. will be able to collect their number at the race day entries desk.

Poultry Run 2009 entry form. (PLEASE PRINT CLEARLY)						
Surname:		First Name:				
Address:		•				
Post Code:	County			MALE	FEMALE	
			Tick >			
Contact Phone No:		Email address:	-			
You must be over 17 years old to compete in this race.						
Date of birth:		Age on race day:				
UKA Club (1st Claim only):			Reg. No:			

I wish to enter the 2009 Poultry Run. I declare that I am an amateur as defined by U.K.A. rules and that I am over 17 years of age on the race date. I am medically fit to run approximately 8 miles on a multi terrain course. I certify that the organisers cannot be held responsible for loss, injury or illness incurred to my person during or as a result of my participation in the race referred to on this entry form. I understand that my entry details will be stored on a computer.

Please remember to sign and date your entry form.

		Official use only
SIGNED:	DATE:	